

PRESENTED BY THE



FBHS BOOSTER CLUB

WELLNESS WALK -A- THON

ON THE PLAYGROUND
FRI. NOV. 21
EARLY DISMISSAL/EVENT TIME
2PM - 4PM

THIS YEAR THE EVENT WILL BE HOSTED ON-CAMPUS
SCHEDULED ACTIVITIES:
WARM-UP STRETCHING AND BREATHING EXERCISES.
WELLNESS WALK ON THE PLAYGROUND
ARTS AND CRAFTS
BE SURE TO WEAR YOUR BALDWIN HILLS ELEMENTARY
SCHOOL T-SHIRT OR SWEATSHIRT!

● HOW TO REGISTER ●

1. SCAN THE QR CODE/ENTER LINK
[HTTPS://APP.99PLEDGES.COM/FUND/WALK4WELLNESS](https://app.99pledges.com/fund/walk4wellness)
2. SCROLL DOWN AND CLICK
"ADD PARTICIPANT"
3. ADD STUDENT NAME & PARENT EMAIL
4. PARENTS WILL RECEIVE (2) LINKS
STUDENTS CUSTOM FUNDRAISING
 - LINK TO SHARE
 - LINK TO ADD STUDENTS PHOTO & CUSTOMIZE PLEDGE GOALS



GOAL \$30,000

FOR MORE INFORMATION
CONTACT THE BOOSTER TEAM

fbhs@friendsofbaldwinhillsschool.com



WELLNESS WALK -A- THON

FAQ

FREQUENTLY ASKED QUESTIONS



How does a student participate in the Wellness Walkathon?

All students are welcome to participate!

We encourage all students to raise money – please set up a 99 pledges page to send to family and friends asking for their support using the QR code on the attached flyer. The FBHS will be setting up help stations in the coming weeks to help you set up your page if needed. Look out for our table at coffee with the principal or pick up.

If a student is unable to raise money, the student just needs to sign and return the attached waiver and come on the day.

Since the Walkathon is after school hours all students must be accompanied by a designated grown up.

Last year we raised over \$27,000. The top 3 students that raised the most money were:

Nyah \$9,242

Logan \$1,900

Yara \$1,500

Will your name be on next year's FAQ?

When is the Wellness Walkathon?

The Wellness Walkathon will take place Friday Nov 21st after our early dismissal at 1:30pm

Event begins at 1:30pm

Pizza Party for all participants begins at 3:30pm

Where will the Wellness Walkathon be held?

The walkathon will be held at the track located on the big yard.

Can participants ride their scooters or bikes?

To ensure the safety of all participants, scooters and bikes will **not be** allowed.

Do participants have to run or walk?

Participants will **walk** with their grade level

What do participants need to bring to the Wellness Walkathon?

Baldwin Spirit Gear, Warm clothes and great energy! Families are welcome to bring blankets and chairs to watch, cheer and support the participants.

Will the event occur rain or shine?

Yes.

What should participants wear for the Walkathon?

Participants are encouraged to demonstrate school spirit by wearing Baldwin Hills Elementary t-shirts and sweatshirts. We recommend all participants dress warm and comfortable.

Do participants have to stay the entire time?

We welcome students to participate for the entire time. However, if participants are unable to stay the entire time, they may leave when necessary, with an authorized adult.

Can students participate even if they did not raise any money?

Yes, we encourage all students to participate. A signed waiver is required. Scholars will need to be accompanied by a grown up since the event is after school hours.

Are students required to attend?

No, but we encourage all students to attend. If you are not available on the day of the event you can do your walk whenever works for you and post it on Instagram make sure to tag us @baldwin_hills_es

What time do participants need to arrive?

Participants can come to the big yard with their designated grown up right after pick up on 11/21.

Where will Wellness Walkathon participants be able to park?

Participants and families may park on the street or in the shared parking lot in the back of the school, if spaces are available..

Are pets allowed?

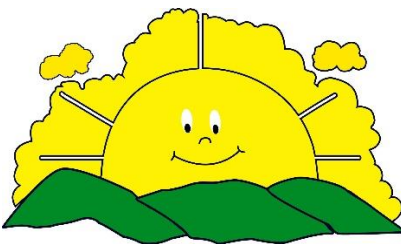
Pets will **not be** allowed.

Where will the funds raised be used?

The funds will be used to support enrichment programs that The Friends of Baldwin Hills Booster club sponsors, along with teacher initiatives and appreciation, scholar heart card dances, student incentives, reading support for our scholars and more.

Are volunteers needed?

Yes, volunteers are needed to support the event. Please reach out to the committee chair at amaechi@friendsofbaldwinhillsschool.com or let Ms. Murdock in the parent center know you are available



Parent/Guardian Approval and Student Waiver

_____ has my permission to participate in the
Name of Minor

Wellness Walk-A-Thon on November 21, 2025, at 5421 Obama Blvd., Los Angeles, California 90016. I agree as parent or guardian of the minor, do hereby, for my son or daughter, myself, my heirs, executors and administrators, remise, release and forever discharge **The Friends of Baldwin Hills School (Booster Club)** and all officers, employees, and agents of the foregoing, acting officially otherwise, from any and all claims, demands, actions or causes of action on account of referred. I hereby certify the minor is my son or daughter and that his/her date of birth is _____.

And I do hereby certify that to the best of my knowledge and belief said minor is in good health. In case of illness or accident, permission is granted for emergency treatment to be administered. It is further understood that the undersigned will assume full responsibility for any such action, including payment of costs. I hereby advise that the above-named minor has had the following allergies, medicine reactions or unusual physical condition which should be made known to a treating physician. (If none, please write the word "none".)

Parent/Guardian Signature

Date

Print Name

Address City Phone#

Please return to Ms. Murdock, in the Parent Center by November 17, 2025.